

ISAAC, DISCIPLE OF APOLLO

Known to us only through the [Apophthegmata Patrum](#). It is likely that Apollo is the one to whom the HISTORIA MONACHORUM devotes a long notice in Chapter 8 (Festugière, 1971, pp. 46-71). If this identification is correct, Isaac would have been a monk at the end of the fourth century in the Thebaid, where he founded a large community of monks. The most prominent feature of his personality, according to the apothegm, appears to be his intense love for stillness.

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